

The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

Feb. 5, 2014

Awards



Best Speech: Jo Mutch

Best Evaluator: Colleen Charland

Best Table Topics Speaker: Brenda Scott

Spark Plug: Karin Sumbler

Thank you to all the members who attended and participated in the meeting!

Phillip Pacquette's 7th speech was about *Retirement*. He told us how to get enjoyment out of our retirement years and how to keep from falling into a depression.

Jo Mutch's 2nd speech was entitled '*Presence: What it is & How to Get There*'. She shared with us the difference between existing in our daily lives and Living in the Now- being conscious about who we are and what we are doing.

Colleen Charland presented an Education Advisory about the New Communication and Leadership manuals. The 2 parts of Toastmaster will now be getting equal weight in the program. A good leader must be a good communicator and good communicators are needed to fill leadership roles in our communities and workplaces.

FYI Information for All Members :

Toastmaster dues are due in April and October.

Bring both your Communicator and Leader manuals to the meetings.

You receive your first ribbon after your Icebreaker Speech. Your next award comes after you present your 6th speech, then after your 10th one.

You may wish to have a mentor to help you on your journey. See the President (Peter) or VP Education (Ed) if you are interested.

There is no set number of weeks to complete your speeches. You can do them as quickly or as slowly as you wish. Just let Colleen know and she will schedule you in. There are up to 4 speakers each meeting.



Next meeting: Feb. 19, 2014

Theme: 'Valentines'

Place: Clarion Resort Pinewood Park,
Pinewood Park Drive, North Bay (Room
announced on the monitor at the
entrance)

www.northbaytoastmasters.org

Did you know...

Sat. Mar. 8 - Speech & Evaluation contests for Division.

Do you wish to compete?



April 4-6 is Spring Conference: Simply Leadership. **If you sign up this weekend, you will be placed in a draw for a free hotel stay.** Call

Peter for more info.

<http://toastmasters86.org/joomla/index.php/events/spring-conference-2014>