

The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

May 7, 2014

Awards



Best Table Topics Speaker:

Karin Sumbler

Spark Plug Award: Karin Sumbler

To practice Vocal Variety

Read picture books or short

Stories out loud- preferably

To a special child in your life.

Next meeting: May 21, 2014

@ 7pm

Theme:

Place: Clarion Resort Pinewood Park, Pinewood Park Drive, North Bay (Room announced on the monitor at the entrance)

www.northbaytoastmasters.org

Highlights



Thank you to all the members and guests who attended and participated in the meeting.

Theme: Greece

Word of the Day: Opah

Peter Taylor did an excellent job entertaining us with his speech “A Tale of Two Cities.” He described what it was like for him drive to his hotel in both Paris & Ireland. Once he was able to park his car at the hotel he and his family enjoyed using public transportation system!

Karin Sumbler did an educational advisory entitled ‘Vocal Variety.’ Andrew Dlugen says “there are 4 P’s to remember when practicing a speech to give it vocal variety. These are :

• **Pace** — One of the easiest ways to incorporate variable pace is to **slow down through key statements**.

• **Pitch** — A convenient way to hit different pitch points is to **play with different emotional content**. A *sad* voice takes on a different pitch than a *content* voice, which is distinct from an *excited* voice, and so on.

• **Power** (Volume) — Don’t overdo it with changes in volume. Again, align your variations in volume with emotional content. Anger or joy tends to bring out a **loud voice**. Fear or sadness calls for a **quiet voice**.

• **Pauses** — There are a multitude of ways to incorporate pauses in a meaningful way. Make sure you’ve got **short pauses** following every sentence, and **longer pauses** at the ends of paragraphs or [transitions within your speech](http://sixminutes.dlugen.com/toastmasters-speech-6-vocal-variety/).” (Taken from Andrew Dlugen: **Toastmasters Speech 6 Vocal Variety**, link: <http://sixminutes.dlugen.com/toastmasters-speech-6-vocal-variety/>)

Did you know...

Elections for the 2014/2015 year are here: Positions available are.

President, VP of Education, VP of Membership, VP of Public Relations, Treasurer, Sergeant at Arms and Secretary.

