

The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

February 20th, 2013

Volume 13

Awards



Best Speaker:

Andrea Jones-Pascoe

Congratulations!

Highlights



There were three speakers at our Club Speech Contest:

Andrea Jones-Pascoe's speech The Magic Button was an inspiring speech about how we must remember to keep a little magic in our lives.

Julie Reasbeck's speech Wishful Thinking was about a personal journey and discovering the key to happiness.

Peter Taylor's speech Ten to Ten was a great speech about how to achieve our goals and that getting into action is even more important than the plan itself.

Thank you! *Thank you to all the members and guests that made the Speech Contest a successful event!*

Thank You



Membership Promotion Drive!

Help increase membership and win a prize!



Good luck everyone!

Tip of the Week



To get the most out of your Toastmasters membership, speak often. It is difficult to get over our fear of public speaking, but we must go up to the lectern and try our best. Here are some tips from the Toastmasters International website:

Be "other-conscious": don't focus on yourself. Pick someone in the audience you feel comfortable with and start by making eye contact with that person for a complete sentence or thought. Then, move on.

Anxiety feels worse than it looks: don't call any attention to your fears, act confident and soon, you will begin to feel confident.

Make it look easy: this is not about you...it's about your speech! Your audience wants to hear about what you have to say. Be graceful and enthusiastic while delivering your speech.

Let yourself be encouraged: embrace the supportive nature of a Toastmasters Club.

Did you know... that the Area Speech Contest will take place on Saturday, March 9th? All members and guests are welcomed to attend the speech contest which will be held at Cementation (590 Graham Drive, North Bay, ON) at 12:00pm. Andrea Jones-Pascoe will be representing the North Bay and Area Toastmasters Club. Come out and support the speakers!



SPEECH CONTEST

Next meeting: March 6th, 2013 @ 7pm

Place: Clarion Resort Pinewood Park, Pinewood Park Drive, North Bay (Room announced on the monitor at the entrance)

www.northbaytoastmasters.org