

The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

June 19, 2013

Awards



Best Speech: Brenda Scott

Best Evaluator: Colleen Charland

Best Table Topics Speaker: Antonietta Francini

Spark Plug Award: Helen Norman

Thank you to all the members and guests who attended and participated in the meeting!



Welcome to Helen Norman our guest at this meeting.

Sandy's speech (Project # 2) was about the Importance of Play. He mentioned that play should be fun, explorative and fair. He admonished us to give new activities a try and most of all -because play is good for both the mind and body- to take the time and 'just play'.

Philip (Project # 4) spoke about Smoking. He reminded us why young people start smoking even though there is so much advice out there to NOT smoke. He explained the hazards of smoking and the benefits of quitting. Kudos to all of you who did smoke and have quit- it can be a hard process- and to those who wish to quit, hopefully Philip's speech helped get you motivated to do so for good!

Brenda (Project # 6) told us all how she managed to acquire a phobia about bats. Her use of examples and the changes in her voice (see project 6 aims) made it a very entertaining speech!

Tip of the Week



From Rob Sherman's Article
[10 Biggest Public Speaking Mistakes](#)
(found at Toastmasters International website)

Speak with passion. The more passionate you are about your topic, the more likely your audience will act on your suggestions.

Recognize that speaking is an acquired skill. Effective [speakers] learn how to present in the same way they learn to use other tools.

Did you know... Next meeting is the first meeting of the 2013/14 year and our new Executive is as follows:

Sergeant at Arms:

President: Peter Taylor

Vice-President of Education: Julie Reasbeck

Vice-President of Membership:

Vice-President of Public Relations: Joanna Liritzis

Secretary: Karin Sumbler

Treasurer: Ed Lusk



Next meeting: July 3, 2013 @ 7pm

Theme: Canada Day

Place: Clarion Resort Pinewood Park, Pinewood Park Drive, North Bay (Room announced on the monitor at the entrance)

www.northbaytoastmasters.org