

# The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

Oct. 30, 2013



## *North Bay & Area Toastmasters*

*Celebrated their 10<sup>th</sup> anniversary!*



*Thank you to those who came out and supported our celebration!*

Penny Tremblay was our speaker for the evening. She spoke about the need to ‘appear’ in our lives by trying new things. She said that if we aren’t growing and doing things we are ‘disappearing’.



## Tip of the Week



Toastmasters is a great way to continue to learn and grow in our own lives by trying new roles and practicing and improving our speaking and listening skills each month!



## Did you know...



Antonietta Francini won the Table Topics Contest. On Oct. 5  
Congratulations Antonietta!

Conference in Collingwood is on Nov. 22-24, 2013.  
More information is on-line at [Toastmasters.org](http://Toastmasters.org)

**Next meeting:** Nov. 6, 2013 @ 7pm

**Theme:** Golden Interest

**Place:** Clarion Resort Pinewood Park,  
Pinewood Park Drive, North Bay (Room  
announced on the monitor at the  
entrance)

[www.northbaytoastmasters.org](http://www.northbaytoastmasters.org)