

# The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

September 19<sup>th</sup> 2012

Volume 4

## Keep Your Membership!

\$90 can be paid to our Treasurer, Ed Lusk, in cash or a cheque can be written in the order of: **North Bay and Area Toastmasters Club**.



**Thank you for your contribution to this wonderful Club!**

## Awards



Best Speakers: Julie Reasbeck

Best Evaluator: Brenda Scott

Spark Plug Award: Jeff (our guest!)

*Congratulations!*

## Highlights



*Julie Reasbeck was scheduled to give a speech at this meeting. She didn't feel quite as prepared as she wanted to, but she decided to give it a try anyhow.*

*Julie's speech titled The Stress of Preparing a Speech talked about the stress she felt when going through each step of preparing a speech: finding a good subject, meeting the criteria for the intended project, putting it all together, getting the courage to do it and then having that rush of wanting to try it all over again once the project was completed. We must not forget that Toastmasters is there to give us the opportunity to practice our public speaking.*

*After Julie's speech, Colleen Charland gave an impromptu speech and explained some of the tools Toastmasters offer to help you find the right subject for your speech. This meeting was quite useful and inspirational!*

*That's what Toastmasters is all about: helping each other become better public speakers!*



## Thank you!

*We would like to thank all the members that have accepted a role during the last meeting. Thank you to: Ed Lusk, Brenda Scott, Colleen Charland, Joanna Liritzis, Julie Reasbeck*

## Tip of the Week



Are you struggling to begin preparing a new speech? Don't forget to use your Competent Communicator Handbook to its full potential. The program has been designed to help you achieve greatness, step by step. Read through all the suggestions and if you need more information, visit the Toastmasters website ([www.toastmasters.org](http://www.toastmasters.org)) for more ideas. If you still need help, always feel free to talk to other members of your Club, especially the VP of Education. Toastmasters is a learning environment, we are there to help each other succeed!

## Did you know...

That Toastmasters has several Power Point presentations already prepared on various topics such as *How to Select A Topic For Your Speech?* Please talk to our VP of Education, Colleen Charland, for more information.

### **The New Members of the North Bay and Area Toastmasters Executive**

President and Treasurer: Ed Lusk

VP of Education: Colleen Charland

Past President: Andrea Jones

VP of Membership: Peter Taylor

Sergeant at Arms: Brenda Scott

VP of Public Relations: Joanna Liritzis

Secretary: Julie Reasbeck

**Next meeting:** October 4<sup>th</sup>, 2012 @ 7pm

**Theme:** Thanksgiving!

**Place:** Clarion Resort Pinewood Park, Pinewood Park Drive, North Bay (Room announced on the monitor at the entrance)

[www.northbaytoastmasters.org](http://www.northbaytoastmasters.org)