

The Spotlight

Club #: 585369, Dist #: 86 – North Bay and Area Toastmasters Club

Sept. 11, 2013

Awards



Best Speech: Peter Taylor

Best Evaluator: Lisa Jenkins

Best Table Topics Speaker:
Joanna Liritzis

Spark Plug Award:
Julie Reasbeck

Tip of the Week



Become a Table Topics Hero!"

**Repeat the question or topic and then pause (ex. "I never considered what superhero is most like me. What an interesting topic!"). This can buy you some time to gather your thoughts.

**Segue from the given topic to a topic that you can talk about.

**Be passionate! The more alive and original you are, the better your performance will be.

**Relax! It's just Table Topics. We are all practicing.

Thank you to all the members who attended and participated in the meeting!



1. Melanie Courchesne - "Introducing "Me"" - Ice Breaker Speech, Melanie described herself as an educator, an artist and a mother. She talked about her passions: painting, studying psychology and being the mother of two children. Congratulations!

2. Nina Crocker - "A Few Of My Favorite Things" - Ice Breaker Speech, Nina talked about how she likes to spend her time. She told us about her three sisters and how, even though they live far from each other, they keep in touch and try to see each other as often as they can. She also spoke about her love of the outdoors, of hiking around the world and taking trips with her fiancé. Congratulations!

3. Peter Taylor - "Waste is Wasteful" -Peter compared and defined waste management for municipal, industrial and commercial waste. He talked about how re-using, reducing and recycling can help us avoid the use of landfills and having to "light it up!" (incinerating products) which can harm the environment. He offered solutions such as buying only what you need or purchasing gently used products.

4. Colleen Charland - "Tomorrow's Leaders" -Colleen informed the group about the Youth Leadership Program that she will be running this fall with a group of kids. She explained how the program works and convinced the audience that this is an important program. It was clear that she strongly believes in "paying it forward" and welcomes any member that would like to help her deliver this program.

Did you know...

Dues are due October 1st. Please give our Treasurer, Ed Lusk, your \$90 for 6 months or \$180 for the year.

Table Topics Contest is Sat. Oct. 5, 2013. Tell Julie R. if you wish to compete. The event is starting at 10:00am and will be held at Cementation Assembly Room, 590 Graham Drive, North Bay.

Division N Speech contest is on Sat. Oct. 19, 2013.

Next meeting: Oct. 2, 2013 @ 7pm

Theme: Gratefulness

Place: Clarion Resort Pinewood Park,
Pinewood Park Drive, North Bay

(Room announced on the monitor at the entrance)

www.northbaytoastmasters.org